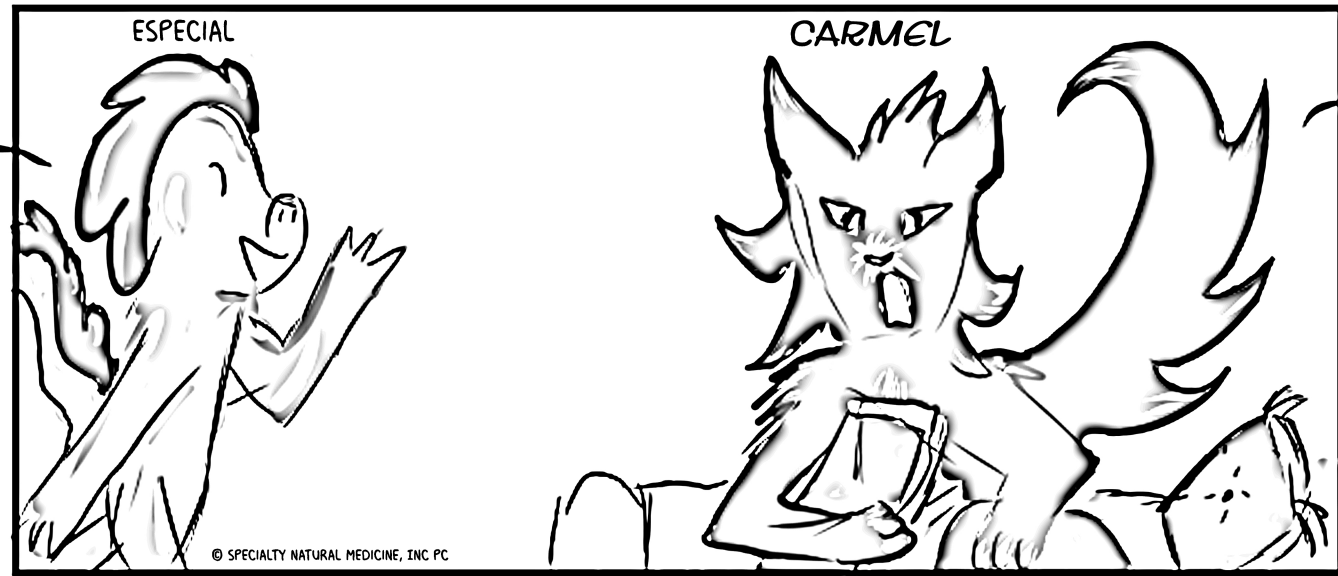
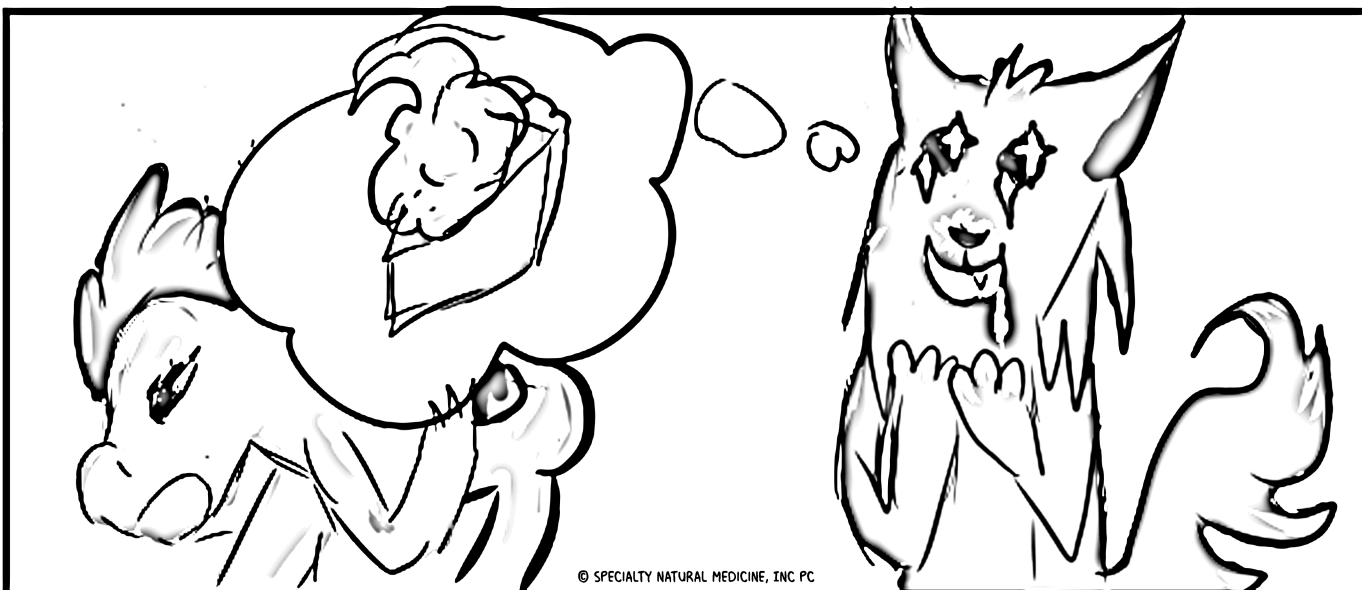
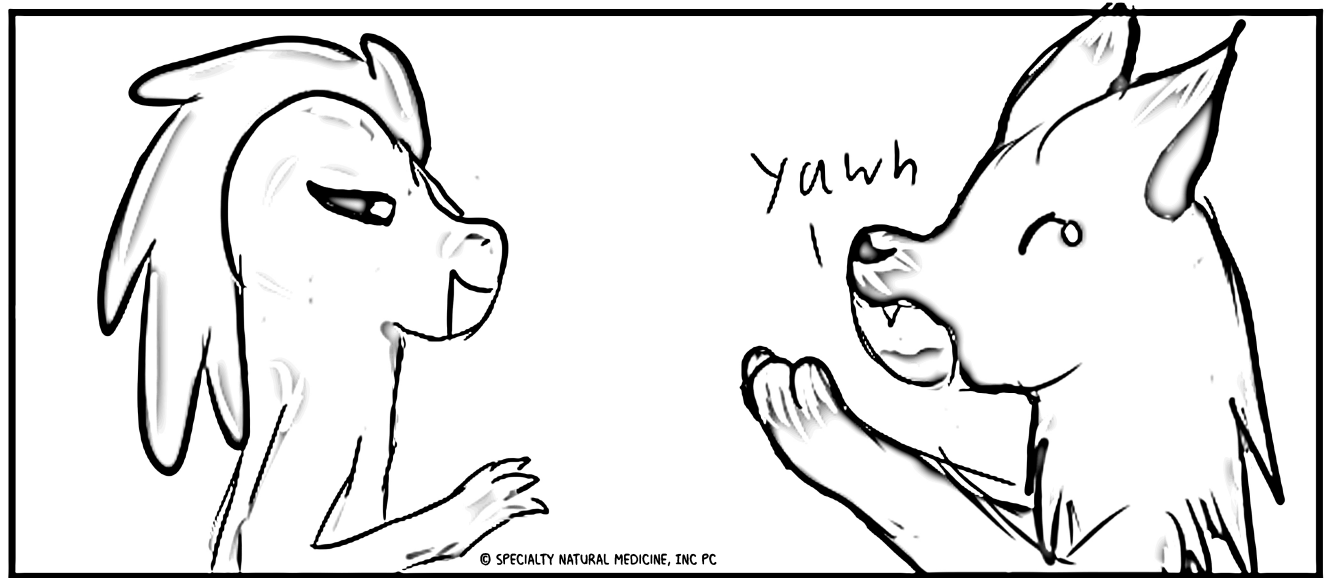


Especially the Specialty Natural Medicine Salamander in... Thanksgiving 2015

Hi Carmel,
Why are you
putting blankets
and pillows on
the couch?



That's really smart!
The combination of high carb
foods and the tryptophan from the
turkey causes people to feel extra
drowsy after such a big meal!



ACTUALLY....
THE WHIPPED CREAM
FROM THE PUMPKIN PIE
FLOATS UP TO YOUR HEAD
AND MAKES IT SO HEAVY
YOU HAVE TO LIE DOWN!

REALLY!

LOOK IT UP!

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