

F or Environmental Allergies Only:

First Dose: 3-4 months before the onset of your allergy season.

Booster Dose: 3 weeks before the onset of your allergy season.

- After the first season, only one booster dose may be required yearly at 3 weeks before the allergy season starts.
- Booster doses then given as required

Check those that apply to you:

- Symptoms ONLY in spring and/or fall
- Eyes affected
- Nose affected
- Chest affected
- Close family members with hay fever
- Symptoms clear up completely in the winter
- Swelling/Tingling in mouth after any food*
- Winter symptoms*
- Eczema/Skin rashes*
- Irritable bowel syndrome*
- Severe problems with chemical odors*
- Gastrointestinal symptoms*
- Headaches/Migraines*
- Have you been told that you have Candida*